



Meetings are held the first  
Wednesday of the month  
from 7:00 – 9:00 p.m.

All are welcome!

Join us at the historic  
Eero Saarinen designed  
Christ Church Lutheran  
at 3244 34<sup>th</sup> Avenue S.  
in Minneapolis  
[nchg.org](http://nchg.org)

## 2019 Schedule

FEBRUARY 6

**Greg Reynolds**

February Is Not Too Early to Dream  
About This Summer's Garden

MARCH 6

**Aszani Stoddard**

Herbal Approaches to Lyme Disease

APRIL 3

**Elizabeth Heck**

Eat Your Medicine: Healing Herbs  
as Food

MAY 1

**Chris Patton**

Enjoying Native Elderberry: It's  
Horticulture and Health Potential

JUNE 5

**Martin Bulgerin**

Questions of Healing

AUGUST 7

**Sonia Casey**

Plant Spirit Healing

SEPTEMBER 4

**Matthew Wood**

Plant walk (location TBD)

OCTOBER 2

**Lise Wolff**

Pulse Testing 101

NOVEMBER 6

**Anna Needham**

Changing the Face of Clinical  
Prescriptions: Moving from  
Pharma to Gaia

DECEMBER 4

**Dr. John Hauser**

Marijuana... Just Another  
Useful Herb

*Plus* our Annual Silent Auction

