



Meetings are held the first
Wednesday of the month
from 7:00–9:00 p.m.

All are welcome!

Join us at the historic
Eero Saarinen designed
Christ Church Lutheran
3244 34th Avenue South
in Minneapolis

nchg.org

2017 Meeting Schedule

February 1

The NCHG Guild will present
Exploring Bitters

March 1

The Menstrual Cycle and Flower
Essences with Loey Colbeck

April 5

Spring Edibles or Something of
that Nature with Jessie Belden

May 3

The Naming of Plants
with Judith Sims

June 7

The Earthwise Herbal Repertory
with Matthew Wood

August 2

Kitchen Medicine and Folk
Remedies with Kathy Tran

September 6

All About Medicinal ROOTS
with Angela Campbell

October 4

Breast Health Promotion
with Katherine Krumwiede

November 1

Essential Oils for Health and
Wellness with Terra Johnson

December 6

Ask the Herbalist – Panel Discussion
with local herbalists

Plus Our Annual Silent Auction